



NATIONAL SERVICE SCHEME

**ACTIVITY
REPORT 2019 - 2020**

UNIT 17TH & 18TH

S.E.S COLLEGE SREEKANDAPURAM

Certificate

We, the NSS UNITS of 17th and 18th units of S.E.S College Sreekandapuram submit the NSS activity report 2019-20. Certify that the described activities are genuine and true to the best of our knowledge.

*Sri. Samson Rajan
Programme Officer
Unit 17th (Till October)*

*Sri. Rejith PP
Programme Officer
Unit 17th (Since November)*

*Smt. Shyna Janardhanan
Programme Officer Unit 18th*

Principal

Preface

National Service Scheme, under the Ministry of Youth Affairs & Sports Govt of India, popularly known as NSS was launched in Gandhiji 's Birth Centenary Year 1969, in 37 Universities involving 40,000 students with primary focus on the development of personality of students through community service. S.E.S College Sreekandapuram has two NSS units.

OBJECTIVES OF NATIONAL SERVICE SCHEME

- ✓ Understand the community in which they work
- ✓ Understand themselves in relation to their community
- ✓ Identify the needs and problems of the community and involve them in problem-solving
- ✓ Develop among themselves a sense of social and civic responsibility
- ✓ Utilise their knowledge in finding practical solutions to individual and community problems
- ✓ Develop competence required for group-living and sharing of responsibilities Gain skills in mobilising community participation
- ✓ Acquire leadership qualities and democratic attitudes
- ✓ Develop capacity to meet emergencies and natural disasters and
- ✓ Practice national integration and social harmony

MOTTO

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop appreciation to other person's point of view and also show consideration to other living beings. The welfare of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

NSS UNITS OF S.E.S COLLEGE

S.E.S. College Sreekandapuram has two Units, unit No. 17th and 18th under the control and guidance of Kannur University.

PROGRAMME OFFICERS

Sri. Samson Rajan

*Assistant Professor
Department of English
Programme Officer
Unit 17th (Till October)*

Sri. Rejith P P

*Assistant Professor
Department of Physics
Unit 17th (Since November)*

Smt. Shyna Janardhanan

*Assistant Professor
Department of English*

INSTITUTIONAL ADVISORY COMMITTEE

- Dr. Dominic Thomas (Principal)
- Sri. Rejith P P
- Smt. Shyna Janardhanan
- Smt. Sheela M Joseph
- Smt. Sunitha Joseph
- Sri. Samson Rajan
- Sri. Samuel
- Akarsh C H (College Union Chairman)
- Abhijith P P (Student Leader Volunteer)
- Diljith E P (Student Leader Volunteer)
- Aswathi M V (Student Leader Volunteer)
- Neethu Pradeep (Student Leader Volunteer)



INTERNATIONAL YOGA DAY

JUNE 21, 2019

International Yoga Day was observed by the NSS units on 21st June, 2019 by arranging yoga demonstration for the students specifying the importance of yoga practices in our daily lives.

Mrs. Mini Joseph was the yoga trainer and she demonstrated the various techniques of yoga to keep our mind and body calm and fresh.



PAPER PEN MAKING

JULY 04, 2019

As part of green protocol and plastic free campus, NSS Volunteers prepared paper pen and distributed to the students of our college.



KAITHANGU

JULY 08, 2019

An amount of Rs 24, 000 was collected by NSS Volunteers from students and staffs of our college to help a student of Nirmalagiri College who met with an accident and was in need of a crucial surgery. The amount was transferred to the account.



NATIONAL SERVICE SCHEME
S.E.S. COLLEGE, SREEKANDAPURAM
UNIT NO : 17 & 18

വാഹനാപകടത്തിൽ
തൂരുതരമായി പരിക്കേറ്റ് ചികിത്സയിൽ
കഴിയുന്ന നിർമ്മലഗിരി കോളേജ്
2nd Year Economics
വിദ്യാർത്ഥിയായ നമ്മുടെ കൂട്ടുകാരൻ

അഭിഷേകിന്
ഒരു കൈയാളം

കോളേജ് വിദ്യാർത്ഥികളുടെ അക്കാഴ്ചയ്ക്കു
സഹായങ്ങൾ പ്രതീക്ഷിച്ചുകൊള്ളുന്നു.

തിങ്കളാഴ്ച (08.07.2019)

നടത്താനിരിക്കുന്ന പിരിവിലും
സഹകരിക്കണമെന്ന അഭ്യർത്ഥിക്കുന്നു.

SALE OF LED BULB

JULY 12, 2019

Led bulb made by the NSS Volunteers was sold in the campus. The amount collected through the sales were used for charity works.

SNEHASAMMANAM

JULY 29, 2019

As a token of their love, NSS volunteers welcomed the freshers to the campus by giving paper pen.

FLOOD RELIEF ACTIVITIES

AUGUST 12-14, 2019

NSS Volunteers donated cleaning tools worth Rs.17,800 to Sreekandapuram Municipality and Chengalayi. NSS Volunteers also helped in cleaning Sreekandapuram bus stand which was tremendously affected by floods.

NSS volunteers also contributed dresses worth Rs 10,000 to Kannur University flood Relief collection center.



INDEPENDENCE DAY

AUGUST 15, 2019

The Independence Day was celebrated by hoisting the National Flag by the Principal. The pledge were taken by the NSS Volunteers.



ORIENTATION FOR THE FIRST YEAR VOLUNTEERS

AUGUST 28, 2019

One day orientation programme was conducted for the NSS Volunteers. Mr. Kumaran, K. Govt. Higher Secondary School handled the sessions. Afternoon session was handled by Mr. Samsan Rajan, Programme Officer.



PARTICIPATION IN A MEDICAL CAMP

AUGUST 28, 2019

NSS Volunteers participated in a medical camp at Sreekandapuram Municipal Hall, Organised by Good Samaritan Home, Chengalayi



GANDHI JAYANTHI CELEBRATION

OCTOBER 2, 2019

The NSS units of S.E.S College celebrated Gandhi Jayanthi on 2-10-19. As a part of this special day NSS Volunteers participated in cleaning programme and plastic waste management. Waste bins purchased from Suchitwa Mission fund were installed at various points in the campus.



PLASTIC FREE CAMPUS

OCTOBER 3, 2019



Cleanliness must start from our home then to surroundings which was clearly observed by cleaning the campus. Under the initiative of NSS, the whole campus cleaning was undertaken by staff and students. A Pledge of plastic free Campus was taken by all students and staff of the college. The function was inaugurated by Mr. Raghavan, Chairman. Sreekandapuram Municipality.



MOTIVATIONAL TALK

NOVEMBER 30, 2019

NSS Unit of S.E.S College decided to take up an initiative of Snehaveedu project. As a first step to this project a motivational talk was given by the Volunteers of PRNSS College Mattanur. The talk is really an inspiration for our volunteers.



SENT OFF FOR MR. SAMSON RAJAN

JANUARY 23, 2020

A send off was organised to Mr. Samson Rajan, the programme officer, unit 17th S.E.S College Sreekandapuram for his three years of valuable service as a programme officer. D. Rejith was appointed as the new programme officer.



ROAD SAFETY WEEK CELEBRATION



JANUARY 11-18, 2020

To make our roads safer and to initiate responsible driving among people, NSS volunteers conducted a bike rally with the idea of Road Safety Week on 18-1-2020. Rally as flagged off by Mr. Rejith and it was from S.E.S College to Vimal Jyothi Engineering College. Volunteer displayed many placards that support road Safety Rules



PALLIATIVE DAY PROGRAMME AT SAN GEORGIA SPECIAL SCHOOL

JANUARY 15, 2020

NSS Volunteers participated in the Palliative Day Programme organised by Good Samaritan Home, Chengalayi at San Georgia Special School, Sreekandapuram.



TRAFFIC AWARENESS CLASS

JANUARY 18, 2020

A Traffic Awareness class was conducted by the NSS units of S.E.S College in association with Motor Vehicle Department. The class was taken by Mr. Biju P.V, Motor Vehicle Inspector. The class provided an awareness about the traffic rules to the NSS volunteers.



BLOOD DONATION CAMP

JANUARY 29, 2020

NSS Unit of S.E.S College organised blood donation camp in association with Kannur District Hospital 29th January 2020. Blood donation is life donation. NSS Volunteers can take pride in thought that every time a life is saved through your kindness and dedication to the Society were a part of it.



AWARENESS CLASS ON CORONA VIRUS

FEBRUARY 15, 2020

Mr. Sasindran K V, Health Inspector, Koottumugham Public Health Center conducted an awareness class on Corona virus to the NSS Volunteers. The session was really helpful for the students to know more about Coronavirus.



BREAK THE CHAIN PROGRAM

PREPARATION OF HAND SANITIZER

MARCH 19, 2020

As a battle against Covid.19, the department of Chemistry and NSS units prepared hand sanitizer. It was distributed to local people, auto-rickshaw drivers, excise dept, media office, police department in Sreekandapuram. The programme was inaugurated by M Raghavan Chairman, Sreekandapuram Municipality. It encouraged the use of hand sanitiser among people in order to prevent the further spread of coronavirus.



MASK CHALLENGE

NSS Volunteers actively participated in the mask challenge. Volunteers staying at home as part of the lock-down, prepared the mask and distributed to the staff of the college and the needy people.



SPECIAL CAMP AT A GLANCE

Special Camp Programme is an integral part of NSS activities. It provides opportunities to our youth for group living, sharing of experience with each other and constant interaction with community. Holding this thought firmly a 7 day special camp was organised by NSS UNITS of S.E.S College Sreekandapuram at K.P.C Higher Secondary School, Pattanur.









S.E.S COLLEGE SREEKANDAPURAM